

TOUR GUIDE

Pamlico Point
Condominiums
UNITS A3, B1, AND C3

39488 NC Hwy 12
Avon, NC 27915

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WELCOME TO THE OUTER BANKS!

Whether you have come for the beaches, watersports, the fishing, to indulge in great food, or simply to enjoy the beauty of these barrier islands, we'd like to help you have a great visit.

There are many things to explore on the Outer Banks, and we want to make sure that our guests know how to get more information about what they want to do, as well as exploring some possibilities –call them well-kept secrets -- that perhaps they didn't know existed.

First, the basics: Please see the **Guest Instruction** booklet in the unit for all the practical, logistical, and safety information that you might need to know for your stay.



If you have questions regarding restaurants and things to do, feel free to call us from 9:00 AM until 5:00 PM at (203) 517-4113. While we work all over the world, we are still on this planet, and for the most part, that means we can be reached. If you call us - even just to say hi - Tedrowe's extension is 100 and Marcia's is 101.

Certain issues we can fix remotely, and others we might have a special insight on. Most importantly, we look forward to meeting you and hearing your ideas on how to make our places better.

What's the Weather Like Down There?

One of the pesky things that travelers need to know is what to expect from the weather, and what to bring. Like most places these days, the Outer Banks' weather patterns are shifting, so the short answer is, bring a range of things: clothing for steamy days of full sun, cloudy rainy days, and unexpectedly chilly days. Weather can change suddenly and dramatically here, especially since these islands are located about 20 miles off the mainland coast of North Carolina.



Where's the Best Place to Eat?

Food ranks right up there with the most important things about a vacation trip. While we can't claim to have tried every restaurant from Nags Head to Okracoke, we can offer some suggestions about great restaurants right in the neighborhood:

The Po House

Right next door at 39450A NC-12

Fresh local seafood and some amazing cocktails.

Everything is made from scratch using only fresh local ingredients for their seasonal menus. Outside dining overlooking Pamlico Sound.



Ketch 55

40396 NC-12, Avon

Nice bar, good seafood and steaks, relaxed atmosphere.

Pangea Tavern

41001 NC-12, Avon

American food, seafood, local beer on tap, great outdoor patio.

Oceana's Bistro

40774 NC-12, Avon

Relaxed atmosphere, American and seafood, cocktails. Can be crowded, especially in the bar, but rowdy and fun.

The Mad Crabber

40606 NC-12, Avon

Steamed and fried local seafood and American food, casual, relaxed family-friendly atmosphere.

The Froggy Dog

40050 NC-12, Avon

American and seafood, family-friendly relaxed atmosphere with outdoor dining.



Island Time Muffins & Scones

40126 NC-12, Avon

Absolutely the best muffins, scones, cakes, and other bakery items, plus soups and sandwiches.

Orange Blossom Bakery & Café

47206 NC-12, Buxton

Breakfast foods and pastries. Famous for their “Apple Uglies” (think giant apple-filled doughnuts), so it’s usually a given that there will be long lines.

Gidget’s Pizza and Pasta

41934 NC-12, Avon

Great pizza and pasta, bar serves wine and beer only.

Bros Sandwich Shack

41934 NC-12, Avon

Excellent sandwiches and selections of local IPAs.

There are many other great restaurants in the area. We’ve just listed some of our favorites!



Some Helpful Tips

There are always those useful little tidbits of information that can make all the difference in having a great vacation. One great source of info about visiting the Outer Banks is the [Outer Banks Visitors Bureau](#).

Shopping for groceries at the Food Lion in Avon can be a certain kind of insanity on a busy summer Saturday, when renters are arriving. Expect long lines at the checkout.



The best thing to do can be to shop in the Nags Head/Kitty Hawk area before traveling onto Hatteras Island. Our very favorite grocery store is Publix for their great customer service, good selection, and amazingly clean store, and you can find them at 1530 N Croatan Hwy, Kill Devil Hills, NC 27948.

Other grocery store choices include Harris Teeter, Food Lion, and The Fresh Market.

If you want to avoid having to go to the grocery store at all, Outer Banks Grocery Stockers in Kitty Hawk delivers groceries and also offers a service for preordering vacation groceries that will be waiting for you in your unit when you arrive. You can order online at

<https://www.outerbanks-obx.com>

or call (252) 489-4754.

Just make sure to let us know that you're ordering groceries so that we can arrange the delivery schedule.

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The Fun Stuff

The Outer Banks is world renowned for conditions that are excellent for a number of water sports. If one of the big goals for your trip is to take up a new sport, it's best to make plans before you arrive as lessons can book up quickly.

We recommend [Ocean Air Sports](#), right next door to the condo building. It has great instructors and an extremely good shop to meet your needs. You can reach them at (252) 995-5000.

[Real Watersports](#) is also excellent, with a great shop and restaurant, perfect after a day on the water. They are located north of Avon at 25706 NC-12 in Waves, and offer kiteboarding, surfing, and foiling lessons and camps. They even offer lessons for kids.

We also hear great things about [Kite Club Hatteras](#), which mostly focuses on instruction.



Another great amenity that our condo building offers is a pool that is only for the use of condo residents and guests. The pool is open from May 1st through October 1st, and it's kept locked and is not accessible to the general community. Chairs are provided, and beverages are allowed as long as they are not in glass containers. After a long day of beaching or sightseeing or watersports, it's the perfect spot to relax.

The condo building also has its own private backyard dock on the creek, creating easy access for kayaking, paddle boarding, and fishing.

Now that we've worked through the "need to know" stuff, it's time for the fun things! There are many, many things to do in the Outer Banks, no matter what you like, as well as some things that you may never have thought of before but might love to try.



The Beach!

Most people who come to the Outer Banks expect to spend at least a little time on the beach. Whether you prefer the oceanside beach or the soundside beach, access from the condo building is easy! The ground floor storage units for each condo have beach dollies to help you transport your gear if you are walking.

The oceanside beach is a five-minute walk from the building. Cross Highway 12 and walk east on Nova Drive until you reach a set of wooden stairs to a boardwalk, with a sign reading Beach Access. Follow the boardwalk until you arrive at the beach. You can also drive north on NC-12 and find many beach access points with parking and some vehicle access.*



If you prefer a beach on the Pamlico Sound side (the body of water visible from the back of the condo building), there is a nice, secluded sound-side beach approximately a half mile north (about a 10-minute walk) from the building. Turn left from the driveway, and continue past Kitty Hawk Kites. Access is an unmarked road (the first turnout, Milepost 54) which leads to a sandy parking area. Cars are not allowed beyond the parking area without a beach driving permit. From the parking lot, it is a five-minute walk to the beach itself.

*Beach driving requires a National Park Service off-road vehicle (ORV) permit, and 4-wheel drive vehicles are highly recommended. [10 Day Permits cost \\$50.00 and can be purchased online](#) or at the Bodie Island Visitor Center and Lighthouse, 8210 Bodie Island Lighthouse Road, Nags Head, North Carolina, which is along NC-12 as you travel south from Nags Head.



Get on Your Bikes and Ride

The Outer Banks is a relatively good place for biking since traffic typically moves slowly and it a scenic journey heading in either direction. Biking is allowed on all 105 miles of road, as well as on dedicated bicycle paths and trails, and there are routes suitable for both experts and families. [Outer Banks Visitors Bureau offers a number of suggestions for where to bike.](#)

There are several places near the condo building where bicycles can be rented for a reasonable fee:

[Island Cycles](#)

41074 NC 12 Avon, NC 27915
(252) 995-4336

As well as bicycles, they rent beach equipment, surfboards, stand-up paddleboards, and cornhole boards. They offer free delivery, and also have a bike repair service.

[Ocean Atlantic Rentals](#)

40809 Hwy 12, Avon, NC 27915
(252) 995-5868

Ocean Atlantic also rents items like beach equipment, golf carts, stand up paddle boards, baby cribs, grills, and linens, and even has an umbrella setup service.



Time to Tee Off

There are several golf courses within driving distance to the north of Avon. There are also several miniature golf courses in Nags Head and Kill Devil Hills.

Nags Head Golf Links

US 158 Bypass, MP 15, in Nags Head
(800) 851-9404, (252) 441-8073

This 18-hole Scottish-style championship course features bentgrass greens and Bermuda fairways. The clubhouse features a restaurant and bar, The Players Grille, and a golf shop.

Sea Scape Golf Links

300 Eckner Street, Kitty Hawk, NC 27949
(252) 261-2158

This 18-hole championship course is located around the edge of the Kitty Hawk Maritime Forest with a beautiful view of the sea. It has a pro shop and restaurant on the premises.

And for the family version of golf...

Frisco Mini Golf & Go Karts

50234 Trent Lake Lane, Buxton, NC 27920
Also featuring bumper cars, an arcade, and ice cream.



Come Sail...or Paddle, or Motorboat...Away

There are opportunities for boating on the Outer Banks, depending on what you're hoping to do or where you'd like to go, including sports fishing charters, sailing, scenic tours, kayaking, parasailing, jet-skiing, and boat-based kiteboarding lessons. You can even charter a 55-foot topsail schooner for a special occasion celebration or sailing tour.

The Outer Banks Visitors Bureau maintains a listing of many companies that rent boats, offer lessons, provide dolphin-watching tours, and run deep-sea fishing and Pamlico Sound fishing charters where you can eat what you catch.

It is also easy to rent a kayak or a sailboat for a relaxing sail on the Sound, enjoying up close the birds and sea life, and feeling like part of a spectacular sunset.

[Outer Banks Boating](#)

[Downeast Rover Sailing Charters](#)

[Hatteras Harbor Marina](#) (800) 676-4939

[Oregon Inlet Fishing Center](#) (800) 272-5199

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Hopefully None That Got Away

The Outer Banks is well-known for its fishing and its waters are some of the best in the world. There are opportunities for offshore and inshore charter fishing, surf and pier fishing, brackish, fly and sound fishing, and deep-sea fishing.

The Outer Banks is called “The Billfish Capital of the World,” and hundreds of blue marlin, white marlin and sailfish are caught and released every year. The billfish season is long, with the peak for blue marlin in June and white marlin and sailfish most plentiful in August and September. All are caught consistently from late spring to early fall. Yellowfin tuna are also caught year-round.

Avon Fishing Pier

41001 Highway 12, Avon, North Carolina
(252) 995-5480

The Avon Fishing Pier, located 1.5 miles south, provides license-free fishing, as well as a Pier House for fishing and beach supplies and refreshments.



[Outer Banks Visitors Bureau: Fishing \(website\)](#)

Take a Hike

The Outer Banks has many opportunities for hiking along beaches and forests. The area also has three Coastal Maritime forests in Kitty Hawk, Nags Head, and Buxton. The Nature Conservancy At Nags Head Woods Preserve, at 701 West Ocean Acres Drive in Kill Devil Hills, has hiking trails and freshwater ponds, and a large variety of wildlife.

There are also hiking trails at Jockey’s Ridge State Park, which has the largest natural living sand dune on the East Coast, and at the Pea Island National Wildlife Preserve, where there are also observation platforms near the parking area for viewing birds. However, please be aware that hiking on restricted dunes is prohibited.

[Nags Head Preserve](#)

[Jockey’s Ridge State Park](#)

Let’s Get Physical



Hatteras Yoga

52327 Unit C-1 NC 12 Frisco, NC 27936

(252) 996-0713

Yoga and HITTT classes. Private yoga and private beach yoga sessions are available. Terrific instructors!

Raise The Bar Fitness & Gym

40618 North Carolina Highway 12

Avon, NC 27915

(252) 986-5047

Raise the Bar Fitness & Gym is located one mile south, and is open 24 hours a day, 7 days a week. A range of passes are available for purchase.

The Fort Strength and Fitness



50448 NC 12 Highway
Frisco, NC 27936
(252)-305-9899

The Fort Strength and Fitness is located in Frisco, about 18 miles south. Open 5am – 10pm seven days a week, they have daily, weekly, and 10-visit membership rates.

Many more fitness centers and yoga studios can be found in Nags Head and Kitty Hawk. [A detailed listing can be found at the Outer Banks Visitors Bureau website.](#)

Tennis, Anyone?

Dare County Recreation Park
602 Mustian Street and Meekins Field (1634 N. Croatan Hwy.) Kill Devil Hills, NC 27948
(252) 475-5920

Fessenden Center

(252) 475-5650

Offering free courts for tennis.

Cape Hatteras High School

48576 Hwy. 12, Buxton

Often has available courts during non-school hours.

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That Rainy Day Feeling

Even the Outer Banks sometimes experience rainy days! But there are still many things to do even if you can't hit the beach or be on the water. There are two lighthouses to visit, the Bodie Island Lighthouse just south of Nags Head and the Cape Hatteras Lighthouse in Buxton. Both the Chicamacomico Lifesaving Station Historic Site, and the Pea Island Lifesaving Station, America's only all African-American U.S. Coast Guard station, are good places to visit to learn about the maritime history of the OBX and the Lifesaving Service.



Wright Brothers National Memorial

1000 N Croatan Hwy., Kill Devil Hills, NC 27948
252-441-7430

The Wright Brothers National Memorial in Kitty Hawk is a wonderful place to learn about the historic flight of 1903.

Graveyard of The Atlantic Museum

59200 Museum Drive
Hatteras, NC 27943
(252) 986-0720

The Graveyard of the Atlantic Museum in Hatteras has exhibits and demonstrations on OBX history and culture, talks on the Civil War and WWII, maritime art and music, and fishing history and life-saving stories. They also hold scavenger hunts for kids.

Frisco Native American Museum

53536 NC-12
Frisco, NC 27936
(252) 995-4440

The Frisco Native American Museum and Natural History Center in Frisco includes a museum of artifacts, several hiking trails, and frequent special events that celebrate Native American culture.

There are many more historic sites, museums, and activities. The Outer Banks Visitors Bureau has a comprehensive listing.



You Can Ski on OBX...

Okay, we admit it: the chances of snow skiing on the Outer Banks are pretty slim, due to flat terrain and little snow! But if you're looking for waterskiing and wakeboarding, there are places to rent equipment and take lessons.

Outer Banks Wakeboarding & Water-Ski

251 North Dogwood Trail, Southern Shores, NC

Phone: (252) 256-2018 (Drew)

(252) 256-1050 (Alex)

Email: info@obxwakeboardwaterski.com

OBX Wakeboard & Waterski offers lesson for beginners and challenging rides and a slalom course for advanced levels.

Kitty Hawk Kites

NC Highway 12, Avon

(877) 359-8447

Kitty Hawk Kites offers private wakeboarding and waterskiing adventure tours, as well as many other outdoor activities.



Time and Tide Wait for No One

The Outer Banks are closely linked to the ocean tides, and boaters and beachgoers like to know when the day's high and low tides will take place so that they can plan their days.

There are many time and tide websites, but these are helpful:

[NOAA Tide Prediction:](#)

[Tide Times for Avon, NC](#)

[Avon Pier Time & Tide Charts](#)

[Tides for Rodanthe, NC](#)



We hope that this Tour Guide has been helpful for planning your visit to the Outer Banks of North Carolina...or that, at the very least, it has been good for a smile. We welcome suggestions for other interesting places and activities that you might have discovered on your own.

Feel free to reach out to us at rentals@rubiconseven.com

We look forward to hearing about your OBX adventures!

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